

Trenching & Shoring Safety Roads Scholar Workshop: 6 Safety hours



Disclaimer: The town acknowledges and accepts that its participating representatives are acting in their scope of employment while attending this workshop.

Cancellation Policy

If you need to cancel your registration, please call us since we often have waiting lists for classes. Someone may substitute for you at any time. We will notify registrants if the workshop needs to be cancelled for any reason. If you have any concerns about the weather or other circumstances that may affect the workshop please call 802-828-3537.

Photos/Videos: By registering for this workshop, you understand and agree that VLR will be taking photos and may publish them in any format or media without additional permission from you if you are in the photo.

2019 workshop series facilitated by the Vermont Local Roads Program.

**Sponsored jointly by the
Federal Highway Administration
&
Agency of Transportation.**



Please register me for the "Trenching & Shoring!" workshop:

Name _____

Town Address _____

Municipality/District/Agency _____

Area Code/Phone _____

Email _____

- Wednesday, September 11, 2019 - Bridport Town Highway Department, 284 Short Street, Bridport, VT
- Wednesday, September 18, 2019 - Ludlow Highway Department, 19 W Hill Road, Ludlow, VT
- Wednesday, September 25, 2019 - Bennington Public Works Department, 78 Bowen Road, Bennington, VT

Vermont Local Roads Program | VTrans Training Center | 1716 US Route 302 | Berlin, VT 05633-5001

Instructor

Rob Gentle - VTrans Safety & Health Instructor - VTTC

Rob has been helping Municipal and State crews stay safe and compliant for over 22 years.

About

Excavation work is one of the most hazardous types of activities we are involved with. A cave-in can trap you within seconds and kill you within minutes. One cubic yard of soil weighs as much as a vehicle. Our goal is to inform you on how not to dig your own grave.

This “competent” level training focuses on hazard assessment and ways to control excavation cave-ins.

Comments from past attendees:

“I learned a lot but the most important was the safety aspect.”

“Great instructor, to the point and makes the workshop fun!”



Agenda

- 5 S's of Excavation Safety
 - ⇒ **Safety**
 - ⇒ **Soil**
 - ⇒ **Sloping**
 - ⇒ **Shoring**
 - ⇒ **Shielding**
- Related standards
- Hands-on activities

What does it mean to be a “Competent Person” in Trenching and Excavation Safety?

The OSHA excavation standard states that a competent person is: “one who is capable of identifying existing and predictable hazards in the surroundings, or working conditions which are unsanitary, hazardous or dangerous to employees and has authorization to take prompt corrective measures to eliminate them.”

Things to bring

- Hard hat
- Safety glasses or goggles
- High visibility vest, or T-shirt, etc.
- Steel toed shoes or boots
- Safety gloves
- Bug Repellant/Sunscreen
- Rain Gear
- Ability to learn, by having fun!

Audience

Public Works professionals, both management and operations, involved in trenching and excavation who desire “competent person” proficiency in trenching/excavations as it applies to OSHA regulations .

Maximum Class Size 20

Class Running Time

- 8:00 am - 8:15 am: Registration
- 8:15 am: Workshop Begins
- 11:30 pm - 12:00 pm: Lunch (provided by VLR)
- 3:00 pm: Workshop Ends

Locations

Wednesday
September 11, 2019
Bridport Town Highway Department

Wednesday
September 18, 2019
Ludlow Highway Department

Wednesday
September 25, 2019
Bennington Public Works Department

REGISTER ONLINE AT:

localroads.vermont.gov

Or through LMS at:

vermont.csod.com

MAIL TO:

Vermont Local Roads Program

VTrans Training Center

1716 US Route 302

Berlin, VT

05633-5001

Fax:

802-828-1932

Questions please call:

802-828-3537