

Trenching & Shoring Safety Roads Scholar Workshop: 8 Safety hours



Vermont
Local Roads



Disclaimer: The town acknowledges and accepts that its participating representatives are acting in their scope of employment while attending this workshop.

Cancellation Policy

If you need to cancel your registration, please call us since we often have waiting lists for classes. Someone may substitute for you at any time. We will notify registrants if the workshop needs to be cancelled for any reason. If you have any concerns about the weather or other circumstances that may affect the workshop please call 802-828-3537.

Photos/Videos: By registering for this workshop, you understand and agree that VLR will be taking photos and may publish them in any format or media without additional permission from you if you are in the photo.

**2018 workshop series presented by the Vermont
Local Roads Program.**

**Sponsored jointly by the
Federal Highway Administration
&
Agency of Transportation.**



Please register me for the "**Trenching & Shoring!**" workshop:

Name _____

Town Address _____

Municipality/District/Agency _____

Area Code/Phone _____

Email _____

- Tuesday & Wednesday, August 7 & 8, 2018 - Cabot Town Garage, 2691 South Walden Road, Cabot, VT
- Tuesday & Wednesday, August 14 & 15, 2018 - Colchester Public Works, 711 Blakely Road, Colchester, VT
- Wednesday & Thursday, August 29 & 30, 2018 - Randolph Town Garage, 87 Rand Road, Randolph, VT

Vermont Local Roads Program | VTrans Training Center | 1716 US Route 302 | Berlin, VT 05633-5001

Instructor

Rob Gentle - VTrans Safety & Health Instructor - VTTC

Rob has been helping Municipal and State crews stay safe and compliant for over 22 years.

About

Excavation work is one of the most hazardous types of activities we are involved with. A cave-in can trap you within seconds and kill you within minutes. One cubic yard of soil weighs as much as a vehicle. Our goal is to inform you on how not to dig your own grave.

This “competent” level training focuses on hazard assessment and ways to control excavation cave-ins.

Comments from past attendees:

“I learned a lot but the most important was the safety aspect.”

“Great instructor, to the point and makes the workshop fun!”



Agenda

DAY #1

- 5 S's of Excavation Safety
 - ⇒ **Safety**
 - ⇒ **Soil**
 - ⇒ **Sloping**
 - ⇒ **Shoring**
 - ⇒ **Shielding**
- Related standards

DAY #2

- Hands-on activities dependent of Day # 1 goals completed.

Things to bring

- Hard hat
- Safety glasses or goggles
- High visibility vest, or T-shirt , etc.
- Steel toed shoes or boots
- Safety gloves
- Bug Repellant/Sunscreen
- Rain Gear
- Ability to learn, by having fun!

Audience

Competent Level Training for all participants.

Max 20 students per workshop

Class Running Time

Day 1

8:15 am - 8:30 am: Registration

8:30 am: Workshop Begins

11:30 pm - 12:00 pm: Lunch (provided by VLR)

2:30 pm: Workshop Ends

Day 2

8:15 am - 8:30 am: Registration

8:30 am: Workshop Begins

12:00 pm: Workshop Ends

Locations

August 7 & 8, 2018 - Cabot Town Garage

August 14 & 15, 2018 - Colchester Public Works

August 29 & 30, 2018 - Randolph Town Garage

REGISTER ONLINE AT:

www.localroads.vermont.gov

MAIL TO:

Vermont Local Roads Program

VTrans Training Center

1716 US Route 302

Berlin, VT

05633-5001

Fax:

802-828-1932

Questions please call:

802-828-3537