Scroll down to see more information and to register for these trainings.

What's in this month's issue?
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- Bench Grinders
- Ergonomics, Recognizing Musculoskeletal Disorders

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Trainings Within the LMS

**NEW - VLR eLearning Flagger Certification**
We have completed an eLearning version of our Work Zone Flagger course. It meets the requirements established by the Manual on Uniform Traffic Control Devices (MUTCD), the Occupational Safety and Health Administration, and Vermont standard requirements. This enables municipal employees to complete the course in our Learning Management System and receive a flagger certification card via mail.

The full course will take from 3-4 hours to complete. It has 4 modules each with a quiz at the end, after completing the 4 modules there are 4 drag and drop scenarios to demonstrate adequate understanding of work zone setup, and finally the exam at the end.

Roads Scholar Category - 4 Safety hours

REGISTER HERE

**VLR Virtual Technical Training**
**Drainage & Ditches**
In this webinar we'll cover basic ditch design, ditch function, and best management practices.

November 9
Virtual 8:00 a.m. - 9:00 a.m.
REGISTER via VLR Website
REGISTER via LMS
Roads Scholar Category - 1 Technical hour

VLR Virtual Supervisory Training
Stress Management
After this workshop participants will be able change their mindset regarding stress, relate the physical effects of stress on the body and mind and apply stress reduction techniques to their daily activities.

December 14 & December 21
2 days - credit only when you attend both days.
Virtual 8:00 a.m. - 9:00 a.m.
REGISTER via VLR Website
REGISTER via LMS

Roads Scholar Category - 2 Supervisory hours

Rivers & Roads Tier I
This eLearning discusses river terms and concepts to provide a background for the Tier 2 class. The eLearning may take 30 minutes to an hour to review and includes some quick quizzes that are not recorded but provide immediate feedback for the user.

REGISTER via VLR Website
REGISTER via LMS

Roads Scholar Category - 1 Environmental hour

Rivers & Roads Tier III
Note: Tier I and Tier II Rivers and Roads trainings are a prerequisite to register for Tier III.

- Each training subject is a one-day class. There is no requirement to take them all and/or one topic prior to the other.
- Participants are encouraged to review the “Vermont Standard River Management Principals and Practices version 1.3” prior to the trainings.
- http://dec.vermont.gov/watershed/rivers/river-management#principles
- Trainings held at the VTrans Dill Building at 2178 Airport Rd, Berlin, Vermont and VTrans Training Center, 1716 US Route 302, Berlin, Vermont. See locations next to date to the right.

VTrans Training Center is hosting these workshops.

REGISTER via VLR Website

Roads Scholar Category - 8 Environmental hours per topic

TC3 (Transportation Curriculum Coordination Council)
A technical service program within AASHTO that focuses on developing training products for technical staff in the areas of construction, maintenance, and materials. TC3 online courses continue to be a great way to achieve PDH’s and do so in a self-paced learning environment. To find applicable trainings, search in the LMS 'TC3' or 'AASHTO', or by searching for a specific topic.

- Winter Maintenance Management
- Equipment Maintenance
- Proper Plowing Techniques
- Deicing

If you are having issues with logging into the Learning Management System please email vermontlocalroads@vermont.gov or request your credentials here.

VLR Past Webinar Recordings

NOW AVAILABLE: Recordings of past VLR webinars are now available on our website. They are categorized by Roads Scholar category (Environmental, Equipment, Safety, Supervisory or Technical).
Featured recording for this month is Snow & Ice.

Tailgate Talks

Vermont Local Roads in partnership with the Vermont Agency of Transportation (VTrans) is proud to announce the relaunch of “Tailgate Talks.” These are intended to be brief 10-15 minute presentations of information, exercises, and opportunities to review important workplace policies and procedures with staff members.

"To Review as a Group:" Use the PDF to the right, once reviewed as a group, please send a sign-in sheet of names to the VLR team. We will enter those names into the LMS to have the tailgate talks added to your transcript.

Search for "VLR Tailgate Talk" to watch recorded tailgate talks via the Learning Management System. We have Chainsaw Safety and Stress Management available.

News & Resources for Municipalities

In this section you will find news, resources, and sharing from other partners for municipalities.

National Bat Week AOT Lunch & Learn Recording
National Bat Week is an annual, international celebration to raise awareness about the importance of bat conservation. The continued existence of bats is of critical importance to the health of our environment and economy.

Click here to watch the recording on YouTube.

Drowsy Driving Prevention Week®
The National Sleep Foundation holds Drowsy Driving Prevention Week (DDPW) each year during the week following the end of Daylight Saving Time. The goal of this annual campaign is to reduce the number of drivers who drive while sleep deprived. Drowsy...

Read more
www.thensf.org

Online Training Library

The Center for Local Aid Support has developed a series of online training modules for transportation professionals. The online training courses are for professional development and to provide solutions for transportation related issues. There...

Read more
www.fhwa.dot.gov

Winter Parking Lot and Sidewalk Maintenance Manual

The purpose of this manual is to deliver practical advice to those managing parking lots and sidewalks. This manual will help to make proactive, cost-effective, environmentally conscious choices in winter parking lot and sidewalk management. This...

Read more
www.pca.state.mn.us

Agency of Transportation - Better Roads Program

The Vermont Better Roads Program provides technical support and grant funding to municipalities to promote the use of erosion control and maintenance techniques that save money while protecting and enhancing water quality around the State.

Read more
vtrans.vermont.gov

Show Me the Money!

Vermont Agency of Transportation Grants – A guide for Municipalities
Training & Events
Serving and Strengthening Vermont Local Government

Read more
www.vlct.org

The VLR team is dedicated to providing assistance to municipal highway departments and town governments to improve their road networks by providing training, technical assistance, communication tools and information exchange.