

VLR SAFETY TAILGATE TALK

January 2015

Subject: 3-Point Contact

Date: _____

Vehicle and Equipment

Location (garage, mm, etc...):

Instructions:

Safety Coordinators & Supervisors should use this Tailgate Talk as a guide for discussion during their safety meetings. The primary purpose of the safety meetings is to give crews the opportunity to discuss any safety related concerns they may have.

Once the meeting has concluded, the Presenter should have each employee sign this form and include their Employee ID# in the spaces below.

TGT Presenter: _____

Name	Employee
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Getting on and off equipment is not as easy as it sounds. More than one-quarter of all injuries to equipment operators and truck drivers occur during mounting and dismounting.

To climb on and off construction equipment safely, always maintain three points of contact. That means two hands and one foot or two feet and one hand on the equipment at all times.

- Break 3-point contact only when you reach the ground, the cab, or a stable platform.
- Mount and dismount facing the equipment.
- Climb on and off only when the equipment is stationary.
- Use the parts designed by the manufacturer for mounting and dismounting—steps, running boards, traction strips, footholds, handgrips, etc.
- Keep these parts clear of mud, snow, grease, and other hazards that can cause slips, trips, or falls.
- Don't use wheel hubs, machine tracks, or door handles for mounting and dismounting.

Demonstrate 3-points of contact by mounting and dismounting from a truck, bulldozer, or other piece of heavy equipment on site. Ask your crew to try out 3-points of contact as well.

If you have any questions or comments regarding this Safety Tailgate Talk or any safety related concerns, please contact the VTrans Safety Team.